



Astronaut Rescue Mission

FACTSHEET

Customer reviews

” **DNPPREHORI** Training & Development, Stor Contracting Ltd

” I used it as a pressure game for people to then reflect on mindset & resilience. So I only gave minutes rather than an hour for the game. It worked - it created a rich conversation about how perfectionism & team dynamics interrelated with performance. I ran it virtually and it worked a treat. All credit to Northgate for design ease to run & highly engaging.
Adie Shari, Director, Haines Shari Ltd

” It worked well and without realising it the delegates all demonstrated leadership skills at some point in the activity. The debrief was both fun and enlightening, and resulted in some excellent discussions on leadership styles.
Jo Kehoe, Director, JK Training Ltd

Trainer's role (full guidance supplied in Trainer's notes)

- Introduce the activity as a **teambuilding activity** with a focus on leadership.
- Divide the group into teams.
- Issue several copies of the **Team Brief** to each team.
- Issue **Koruk Mountains Map** when a team gives you the correct answer to a question in the Brief.
- Observe team performance and note the **'leadership triggers'** (listed in the Trainer's Notes).
- Issue **Planning Forms** and remind teams that time taken in making their initial decisions is added to their travel time.

Northgate says...

VWRDW SHVEHLVLRRLVW HDPRNDI OHIDHIVKLSVNL OOVEDENRWR (DWK)

It reveals the benefits of a well-organised and well-led team and the importance of team collaboration. Will your teams stay calm under pressure and who, if anyone, will demonstrate leadership? Use also as an assessment tool to see how individuals perform within a team. A great, multi-functional addition to your training resources toolkit!

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Northgate customers

