






The Bridge

FACTSHEET

Competitive and fun team activity. Encourages teams to both realistic *and* creative.

-  **50 mins + debrief**
-  **3-24** (up to 4 teams of 3-6 per team)
-  **For staff at any level**
-  **No computer required**
-  **395 ex VAT**



Learning objectives

- Improving team skills
- Reading information carefully
- Thinking and planning before acting
- Thinking outside the box (lateral thinking)
- Optimising individuals' skills
- Remembering that a team is more than the sum of its parts.

About the activity

Teams are tasked with constructing a bridge using *only* the resources that they can apply for in the activity. When they have built their bridge, a small cart must be pulled across it from one side to the other, following a set of rules. To get an idea of size and weight, one member of the team may see/handle the cart.

The building resources: A4 card, paper cups, sticky tape and scissors can be bought with points earned by solving a series of problems. Some are easy but the harder the problem, the greater the worth in points but care is required on all problems as teams get just ONE attempt at the answer!

Teams' overall objective is to get the highest score possible. So it pays to do *all* the problems so that points not used for buying resources can be added to the final score. Points are also gained for creativity, bridge height, length and elegance. And for functionality, there's 100 points for a successful 'home run' of the cart over the bridge. If the cart topples over or runs over the edge, teams miss out on the 100 points!

There's everything to play for. But it's vital that teams think first. In the excitement and momentum of solving problems, buying resources and seeing a bridge materialise, it's hard to keep cool.

Pack contents

- Trainer's Notes
- Team Briefs
- PDF files for printing:
 - Trainer's Answer Sheet
 - Team Task Sheet
 - Team Review Sheet
- Resources: Construction Card, Paper Cups, Scissors, Sticky Tape, Cart, String, Tape Measure.

Ideally suited to

Fun event for breaking the ice, bonding groups, building strong employee relationships and highlighting lots of teamwork skills.



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Customer reviews

“ I'm *loving* using The Bridge with clients! I've started a Bridge League Table so that clients can see where they sit against other organisations who have also completed the *teambuilding* exercise. This makes for quite an interesting conversation at the debrief - especially if they become top of the league!

Fiona Flemington, Corporate & Executive Coach, The Insightful Coach Company

“ We used The Bridge in a big team session which was around *team bonding*. It went down *very well*, and also identified peoples personality traits around being a team player - or not.

Maxine Knight, Management Development Trainer, Norwood

“ Delegates always give positive feedback. Involves everyone and it gets the points across in a *fun* way.

Hazel Llewellyn, Quest Training



Trainer's role (full guidance supplied in Trainer's notes)

- Introduce the activity and then issue Team Briefs and Task Sheets.
- When teams solve problems correctly issue bridge-building resources according to points earned. Use the Trainer's Answer Sheet to keep track of scores.
- Do not get involved in the action but observe teams at work: their behaviours, approach, attitude, skills etc. Does anyone take on a leadership role?
- After 50 minutes stop the teams, test that the cart can be towed safely over each bridge and award 100 points where due.
- Measure the height and width of each bridge and award points for elegance and creativity.
- Total each team's score and announce the winning team.
- Lead a Debrief to discuss the learning outcomes and the key teamwork lessons.
- Relate the lessons to the workplace.

Northgate says...

A great mix of practical and mental skills that will suit diverse teams.

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